

the following table of observations made upon patients during actual treatment:—

TABLE.			R. IN OHS.
PART TREATED.			
Lumbar region to ankle	1,200
Cervical region to sacral region	1,729
Through knees	620
Knee to foot	987
Through knees	1,225
Hand to hand	1,100
Foot to foot	1,125
Neck to feet	925
Neck to brachial plexus	833
Neck to hand	2,170

(To be continued.)

"IN DARKEST AFRICA."

AT last the great book is out and is being devoured by all lovers of the literature of travel; and a strange fascinating book it is, full of intense interest which holds one from the first page to the last, a monumental record of sufferings nobly borne, patience always present, and intrepidity unceasing. The arm-chair critics and petty cynics, who, not having the good taste to wait and read it for themselves, have anticipated its advent by complacent sneers about self-advertisement and all the rest of it, will be grievously disappointed, for it is a modest truthful account of experiences such as surely have never been encountered by mortal men before, a striking example of tact, self-reliance, and perseverance such as has from time to time made the world's heroes.

The two portly volumes constituting this grand work will bear not only reading but studying; and provided as it is with good paper, bold type, serviceable binding, and furnished with most excellent illustrations and maps, it undoubtedly will be ardently perused by the student in eager search of the description of that which is wonderfully natural and naturally wonderful. With the two volumes before us, which by the kindness of the publishers we are permitted to use, it is tempting, very tempting, to give our readers a full supply of powerfully interesting excerpts. As it is, we are compelled to curb our desires and only present those which strictly have a bearing upon matters associated with Nursing, &c.

To commence with, we find in Volume I. Mr. Stanley alluding to Surgeon Parke as follows:—

"And the gentle, tender devotion paid by our Doctor to his ailing patients."

And then a tribute to Messrs. Burroughs and Wellcome:—

"Messrs. Burroughs and Wellcome, of Snow Hill Buildings, London, the well-known che-

mists, furnished gratis nine beautiful chests replete with every medicament necessary to combat endemic diseases peculiar to Africa. Every drug was in tablets, mixed with quick solvents; every compartment was well stocked with essentials for the Doctor and Surgeon. Nothing was omitted, and we all owe a deep debt of gratitude to these gentlemen, not only for the intrinsic value of these chests and excellent medicines, but also for the personal selection of the best that London could furnish, and the supervision of the packing, by which means we were enabled to transport them to Yambuya without damage."

Again:—

"The Liebig Company's Extract was of the choicest, and the packing of all was excellent." Further we read that—

"January 27, 1887.—Arrived at Alexandria, six a.m. Surgeon T. H. Parke, of the A.M.D., came to my hotel and applied for the position of surgeon to the expedition. It was the one vacancy not yet filled to my satisfaction. I considered it a God-send, though I appeared distant, as I had had two most unpleasant experiences with Medical men, both of whom were crotchety and inconsistent, in England. An extremely handsome young gentleman—diffident somewhat, but very prepossessing. To try if he were in earnest, I said, 'If you care to follow me to Cairo I will talk further with you. I have not the time to argue with you here.'"

Then—

"At Zagazig, Surgeon T. H. Parke, now an enrolled member of the expedition, joined me."

Further that—

"Surgeon Parke has been very busy vaccinating the entire community on board ship. Fortunately I had procured a large supply of lymph for this purpose, because of the harsh experience of the past."

And also—

"The following day saw a foundering caravan as we struggled most wretchedly into camp. The Soudanese were miles from each other. The Somalis were all ill. One of those in the boat with Mr. Jephson had died. Liebig and meat soups had to be prepared in sufficient quantities to serve out cupfuls to each weakened man as he staggered in."

Dr. Parke appears to have been generally useful, for we read that—

"The Major and Dr. Parke had arrived four days previously. They had prepared quantities of fuel, and had purchased a large pile of provisions—loaves of bread from the mainoc root and Indian corn."

[previous page](#)

[next page](#)