

COMING EVENTS.

January 3rd.—Day of Intercession in all the Churches.

January 6th.—Kensington Infirmary Nurses' League Annual Reunion. 3.30 p.m. Prizes and Badge Distribution. 8.30 p.m.

January 14th.—Lecture by Mr. Allen S. Walker (Hon. Secretary, British Archaeological Association) on "Glimpses at the War Area in Europe," Sion College, Victoria Embankment, 3 p.m. Tickets from the Hon. Secretary, University of London Extension, at the College. 2s. 6d. and 1s. Profits for *Daily Telegraph* Belgian Shilling Fund.

January 20th.—Central Midwives Board. Hearing of Penal Cases, Caxton House, S.W. 11.30 a.m.

A WORD FOR THE WEEK.

Dead leaves and leafless trees are all around,
Cast thou the dead leaves of thy sins away;
The snowdrop spikes are thrusting through the
ground,

So rise to holier effort day by day."

—*Hoel Caerhion.*

"Let come what will come,
God's will is well come."

—*Old Motto.*

LETTERS TO THE EDITOR.

Whilst cordially inviting communications upon all subjects for these columns, we wish it to be distinctly understood that we do not in any way hold ourselves responsible for the opinions expressed by our correspondents.

A MERRY CHRISTMASTIDE.

To the Editor of THE BRITISH JOURNAL OF NURSING.

DEAR MADAM,—I am sending this line to wish you a Merry Christmastide; may you all soon have the comfort of peace and success. I can well realise the heavy strain you are all enduring, and I feel indignant about the untrained nurses being allowed to go to the front. Our defence department asked the Volunteer nurses to produce their Royal Victorian Trained Nurses' Association certificate. Registration will be brought nearer to you now surely.

Yours faithfully,

GRETTA LYONS.

Collins Street, Melbourne.

DIET AND CANCER.

To the Editor of THE BRITISH JOURNAL OF NURSING.

DEAR MADAM,—I note in an American medical journal that Dr. Duncan Q. Bulkley says that cancer has increased enormously as diet has become more luxurious, especially in the eating of meat. It is stated that mice living on a rice diet cannot be inoculated with cancer, while those placed on a diet of meat easily fall victims. He treats both primary and recurrent cancer with a vegetarian diet with gratifying results and believes that the extensive use of meat produces cancer in some cases. I am a vegetarian, and wonder that more nurses are not, as many nurses tell me their work disinclines them to eat meat. I have inquired but

cannot find in any hospital that vegetarian diet is provided for the nursing staff, even if they prefer it. Would not this be possible? I feel as well again since I ceased to eat meat, and can do a hard day's work without fatigue.

I am,

A DISTRICT NURSE.

[Our readers will perhaps say if the dietary in any hospital they know includes a vegetarian bill of fare. Many nurses eat very little meat.—Ed.]

QUOTES FROM ANONYMOUS LETTERS AND CARDS RE THE RESOLUTION OF THE NATIONAL COUNCIL OF TRAINED NURSES SENT TO THE PRESIDENT.

"You are no lady or you would not criticise the work of untrained ladies trying to do their best in time of war. I hope you will have a smart rap over the knuckles from the War Office for your interference.—'M.D.'"

"We V.A.D.'s give our services, you and your so-called trained hirelings know a trick worth two of that. Our friends pay for the upkeep of Red Cross Hospitals—then who has a better right to run them?—'COMMANDANT.'"

"You nurses think much too much of yourselves. I heard a soldier say the other day he much preferred a pretty young Red Cross Nurse to a withered professional. He said your feelings were as starched as your caps and aprons, whilst our sympathetic handling was mesmeric."

"You may think yourself a very important person with your Presidents and National Councils, but see what Lord Knutsford thinks of you. He doesn't believe in all your training, they give dozens of girls a chance for a few weeks at the London. All the ladies of title train there, and are equal to any of you when they get to the front, if not better. Live and let live is my motto." (We hope this scribe includes our gallant defenders when they get into her clutches. The really interesting thing about anonymous correspondents is, that they write what they think and feel.—Ed.)

OUR PRIZE COMPETITION.

QUESTIONS.

January 9th.—State how to make, and the uses of, Pastes and Plasters.

January 16th.—For what conditions is tracheotomy done, and what instruments are required for the operation? Describe the after care of the patient.

January 23rd.—Discuss the management of a patient whose tongue has been excised?

January 30th.—Mention the most delectable drinks for invalids, and how to make them.

NOTICE.

We hope that all subscribers to THE BRITISH JOURNAL OF NURSING will make a point of sending their subscriptions to the Manager, 431, Oxford Street, London, W., early in the New Year; and that they will get friends to subscribe and so support the only weekly professional nursing journal in this country, as apart from those run as commercial speculations by laymen.

[previous page](#)

[next page](#)