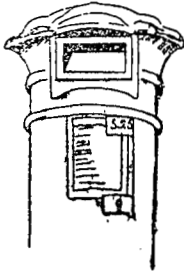


knowledge of the value and use of such foods as grains (wheat, oats, macaroni, &c.), pulse (peas, lentils, &c.), nuts (dried) and fresh fruits? (12) How far do you agree with "many dishes, many diseases," "more people die from over-eating than from over-drinking"? I should like to peruse and publish some of the answers received.

S. G.



LETTERS TO THE EDITOR.

(Notes, Queries, &c.)

Whilst cordially inviting communications upon all subjects for these columns, we wish it to be distinctly understood that we do not IN ANY WAY hold ourselves responsible for the opinions expressed by our correspondents.

We shall be happy to answer, as far as we can, all questions submitted to us.

To the Editor of "The Nursing Record."

Sir,—A friend has just shown me Miss Heanley's remarks in *The Hospital*. I gave up taking that paper myself, as I personally object to be abused and reviled as—and I am indeed proud to be—a Member of the most successful women's Association in the world. I know a good many Nurses have followed the same course, and that is our answer

to the attacks of Mr. Burdett's paper—contemptuously ignoring them. If Miss Heanley objects to your paper, she could follow the same course; there is no law which compels her to read it. If she mortifies herself by purchasing and perusing the *Record*, the penny post will convey eight pages of remonstrance to you as often as she pleases. But to dislike a paper and yet support its sale, and to object to its tone yet not to state that objection straightforwardly to yourself, as the only person whom it concerns, appears to me to be both inconsistent and wanting in moral courage. To attack an independent public paper at the annual meeting of our Association, is merely to introduce unnecessary discord, because it could do no good, and could only cause bad feeling. To attempt to make an Association the medium of expressing the personal feelings of any particular member, is one of the most curious proceedings of which I have ever heard. I have not approved of all the views you have expressed, and you will bear me out when I remind you that I have more than once told you so, quite frankly. But you have always loyally supported the R. B. N. A., and for that I am—and I firmly believe every honourable Member of the Association is—grateful to you. But the Association is of course no more able to control your public expressions than it can prevent any individual Member making an exhibition of herself.—I am, Sir, yours faithfully,

A LONDON HOSPITAL MATRON.

To the Editor of "The Nursing Record."

Sir,—As a Member of the R. B. N. A. who was present at the annual meeting at Lincoln, I would contradict the assertion which Miss Heanley makes in *The Hospital* paper, that the Members who were present at the meeting were "frightened" by the letter from your lawyers, which was read, and that they voted in consequence against her wish to

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