

new evidence of his friendship, not merely as strong support in our effort to maintain the standard of Registration and Nursing Education, but also as showing the point of view of an eminent surgeon on Dr. Chapple's proposals.

We know from personal experience how much Mr. Paterson values good nursing, and that he has no use, no excuse, and no tolerance for inefficiency and slackness.

In the name of the nurses we warmly thank our Medical Hon. Secretary for his efforts to protect the trained nurses from competition with the untrained, and the discredit attendant on their ignorance.

CONCERT.

The concert which we have been looking forward to for some time, given on June 20th, proved completely successful. We were indeed most fortunate in securing the help of so many very distinguished artistes. Never shall we forget Miss Phyllis Lett's most beautiful rendering of "The Alleluia" and her other lovely songs. "Annie Laurie," which she gave as an encore, was quite exquisite. Miss Jane Croft's singing was also perfectly delightful, and Mr. Eric Marshall was cheered to the echo. The music of Mr. Cernikoff was in itself a sufficient treat for one afternoon.

Our large double drawing-room was quite packed by a most appreciative audience, and we were specially pleased that everything was so successful, because our late President helped us very considerably with the initial arrangements for this concert, and everyone felt that they wished to carry to a successful close her last piece of work for the Royal British Nurses' Association. We are very deeply indebted to Dr. Frederick Morison and also to Miss Rice who took a very active part in organising the concert.

THE LIBRARY.

Nurses who have books from the library are requested to return them during the current month. The library will be closed as usual during August.

GIFTS.

The Society of Chartered Nurses, flowers; Lady Mitchell, Mrs. Hayes Palmer, Misses Bellamy, Beilby, Collins, Cope, Dunsford, Flood, Fox, Gaffin, Gannon, and A. E. Macdonald, flowers; Miss Anderson, eggs; Anon., indicator for the Hall of the Settlement Home; Dr. Currie, Persian cat; Miss Kelly, tortoise; Miss Macvitie, tea-cloth; Mrs. Richardson, string of pearls for dramatic wardrobe.

DONATIONS.

Misses E. E. Jarvis, E. Keen, E. Munson, D. M. Oldham, L. Phillips, A. E. Shephard,

P. F. Watt, 10s.; Mr. and Mrs. Watts, 10s.; Misses Pulley, I. Terry, 5s. each; C. Jordan, 2s. 6d.; G. M. Bird, 1s. 6d.

A NEW BOOK ON PSYCHOLOGY. THE CONQUEST OF FEAR.

One lays down Basil King's book, "The Conquest of Fear," with a feeling of real refreshment akin to that of having drunk deeply from a mountain stream running mid wild and beautiful scenery. A short synopsis, although it is like dipping into the Ocean of Truth with a child's bucket, may induce my fellow-workers to peruse its pages. Many will be gainers thereby, and probably find in it some solution to the enemy of Fear in facing life's problems. The cost of the book is eight shillings and sixpence.

"Fear loses much of its fearfulness when we see it as the summons to put forth new energies."

"It is the axiom in all progress that the more we conquer the more easily we conquer. We form a habit of conquering just the same as any other habit. Victory becomes a state of mind."

"Knowing ourselves superior to anxieties and troubles, we are superior."

In the second chapter he defines two words often misunderstood and still oftener misrepresented—Repentance and Salvation. The Greek equivalent of Repentance is *Metanoia*, which means a sober reflective turning of the mind to God by a process of thought, and that process of thought would find Him without the emotional and sentimental element so often associated with the word Repentance. The other word, Salvation, is expressed in Greek by *Soteria*, meaning a safe return. That is all—nothing complicated, nothing highly strung, nothing casuistical. Only a Safe Return. Yet all human experience can be read into that little phrase, with all human liberty to wander—and come back.

One of the arresting features of the book is that the Conquest of Fear is a personal rather than a communal possibility. Indeed, it is the author's personal testimony of his own conquest. The individual can act on his own account. He can set himself free and enjoy the benefits of that freedom without waiting for the race as a whole; and nothing will prove this true but our experience. Demonstration must be personal before we can make anything our own; but the fact remains that the Law of God does work and will work for anyone who calls it to his aid.

The book puts first things first. Listen to this: "Our value to God is our first reckoning. As a Son of God I am from Everlasting to Everlasting; a splendid being with the universe as my home; and, as a Son, expect the best. To expect less is to dwarf my power of receiving! We are only asked to fulfil certain conditions, quite easy to fulfil, to find the stores of the universe laid at the feet of the Sons of God." Trenchant words these. What are the conditions? One can only touch upon the fringe of that part of the book. Make His Kingdom and Righteousness your chief aim—nor limit that Kingdom. Be simple! Be natural! Be spon-

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