which in reality summed up the characteristics necessary for his own ministry:

1. Discipline.—He at once said that the principal motive which had brought the Sisters into his presence, in response to the earnest desire of all, expressed by His Excellency Cremonesi, was the spirit of discipline demonstrated that very day, with a show of dignity of true soldiers.

2. Sense of Responsibility.—In speaking of the Sisters in active service, he emphasised the remarkable self-effacement during their long periods of nursing in the Hospital at Milano. They gave of their best without partiality, to all the sick, those seriously wounded, as well as all others.

3. Technical Preparation .- After speaking of the past, the Duce surveyed the future, which he said-of itselfcannot, and never could, promise peace. That was a thing which must be determined by the Will-not of one, but of all.

His own philosophy concerning war was based on an article in the *Encyclopedia Italiana*, called "The Voice." The writer explains that war—more than peace—produces the virtues of courage, abrogation, self-sacrifice; adding that preparation for war is the best means of preserving peace.

4. The Essential Duty of the Woman .- The fourth point made by the Duce was that the essential duty of the woman was to carry on the race.

The function of maternity, however, had both a spiritual and a physical side, as all women had the mother spirit. The earnest words of the Duce made a deep impression

upon all present-both Senior and Junior Sisters.

HER MAJESTY QUEEN ELENA'S INTEREST IN THE SUFFERERS FROM ENCEPHALITIS LETHARGICA.

The same paper gives the following account of the interest of Her Majesty Queen Elena in that most tragic section of the community, the sufferers from *Encephalitis* lethargica.

On the 18th November, Her Majesty Queen Elena paid one of her frequent visits to the Policlinico in Rome and visited the Department, which she herself had opened, for the study and cure of Encephalitis.

For some months past it has been discovered that this terrible disease can be cured, by the application of a certain plant called "erba bulgara," because it is found principally in Bulgaria.

The discovery has been made by Professor Panegrossi, whose patient researches have had such happy results. Queen Elena takes special interest in this great discovery.

We have to thank Miss Beatrice Kent for this interesting translation.

PUBLIC HEALTH.

THE CULTIVATION OF PHYSICAL DEVELOPMENT.

The Council of the British Medical Association has appointed a special committee to consider and report on the necessity for the cultivation of the physical development of the civilian population and the methods to be pursued for this object.

The Association further intends to follow up the report of its committee on nutrition in a practical manner by converting calories and food values into actual meals with menus and recipes.

Dr. G. C. Anderson, the medical secretary, states that the diet chosen is that for a man, his wife and three children. Cookery experts are working out detailed menus for the main meals for a period of three weeks. The Council of the B.M.A. has authorised the preparation of a supplementary report, which should prove invaluable to the housewife and teachers of cookery.

APPOINTMENTS.

TERRITORIAL ARMY NURSING SERVICE.

APPOINTMENTS.

The War Office announces that the following appointments have been made recently in the Territorial Army Nursing Service :---

PRINCIPAL MATRONS.

Miss Maud Ann Joyce appointed November 30th, 1934, Principal Matron, 4th Northern General Hospital, in succession to Miss Janet Augusta Sheppard, R.R.C., resigned.

Miss Mary Gordon Milne appointed December 31st, 1934, Principal Matron, 2nd Northern General Hospital, in succession to Miss Euphemia Steele Innes, R.R.C., resigned.

MATRONS.

Miss Frances M. Allen, A.R.R.C., appointed November 7th, 1934, Matron, 1st Western General Hospital, in succession to Miss Mary Dando, R.R.C., deceased.

STAFF NURSES. A large number of Staff Nurses have been appointed.

The Territorial Army Nursing Service consists of ladies trained in the nursing profession, who undertake to serve in Military General Hospitals, Casualty Clearing Stations, and other medical units, when the Territorial Army is embodied; the members carry on with their civil duties in peace time.

Âll appointments are made to the General Hospitals, and the actual unit with which each member is to serve will be notified to her by the Principal Matron of the Hospital when the emergency occurs.

MATRON.

MATRON. St. Peter's Hospital, Whitechapel, London.—Miss L. I. Gibbs, S.R.N. has been appointed Matron. She was trained in general nursing and midwifery at the Mayday Road Hospital, Thornton Heath, where she was later Maternity Sister, and has been Staff Nurse at the Military Orthopædic Hospital, Shepherd's Bush, Ward Sister at the Isleworth Infirmary, Maternity Sister and Home Sister at the Park Royal Hospital, Willesden, Assistant Matron at Queen Mary's Hospital, Sidcup, Assistant Matron at St. Leonard's Hospital, Shoreditch, and Acting Matron at the Hackney Institution. Keighley and District Victoria Hospital, Keighley.—Miss D. E. Smeeton, S.R.N. has been appointed Matron. She was trained at the General Infirmary, Leeds, and has been Sister at the Royal Infirmary, Halifax, Sister at the General Infirmary, Salisbury, Sister at the Royal Infirmary, Chester, and Matron at the Saffron Walden Hospital. City of Norwich Maternity Home, Norwich.—Miss F. G. O. Moorcroft, S.R.N. has been appointed Matron. She was trained at St. James' Hospital, Balham, and has been Assistant Matron at the Maternity Hospital, Leeds.

at the Maternity Hospital, Leeds.

SISTER TUTOR.

General Hospital, Northampton.—Miss C. E. Nelson, S.R.N., D.N. (Leeds), S.C.M., M.B.C.N., has been appointed Sister Tutor. She was trained at the General Infirmary, Leeds, where she was later Ward Sister. Miss Nelson has been Sister Tutor at St. Mary Islington Hospital, Highgate Hill, London, Sister Tutor at the Peace Memorial Hospital, Watford, and took the Housekeeping Course at the West Herts Hospital, Hemel Hempstead. Hempstead.

King George Hospital, Ilford.—Miss C. A. Howard, S.R.N., has been appointed Sister Tutor. She was trained at the Dreadnought Hospital, Greenwich, and at the North Eastern Fever Hospital, South Tottenham. She has been Ward Sister

rever Hospital, South Tottenham. She has been Ward Sister and Assistant Sister Tutor at the South Eastern Fever Hospital, New Cross, and has done private nursing. **Mater Infirmorum Hospital, Belfast.**—Miss M. E. O'Doherty, S.R.N., has been appointed Sister Tutor. She was trained at the Jericho Hospital, Bury, where she was later Staff Nurse and Acting Sister; and received her Fever training at the North Eastern Fever Hospital, London. Miss O'Doherty has also been Ward Sister at Fall Birch Isolation Hospital, Bolton.



